



2020

Elementary-Middle Menu

Give Us a Try

	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1 Sept 14- 18 Sept 28-Oct 2 Oct 12-16 Oct 26-30 Nov 9-13 Nov 23-27 Dec 7-11	Spaghetti with Lean Meat Sauce with Caesar Salad, Fruit of the Day	Chicken Strips, Mashed Potato & Hot Veggies with Side of Fruit	<u>Lunchables</u> 6 Pinwheel Ham and Cheese Sandwiches Veggie Sticks Mini Rice Krispie Square Fruit of the Day	Hamburger with Baked Potato Wedges or Veggie Sticks & Dip and Side of Fruit	<u>Lunchables</u> 4 Garlic Breadsticks Pizza Sauce Cucumber Slices Mini muffin Fruit of the Day	Meal Price : Includes Milk \$5.25 Sandwiches: Grilled Cheese \$3.50 Drinks: 250ml Milk \$0.55 Bottled Water \$1.50 Frozen Juice Cup \$1.50 Juice Boxes \$1.25 Salads: Caesar Salad \$3.85 Garden Salad \$3.85 Add Chicken to your salad \$1.25 Snacks: Veggies and Dip \$1.50 Crackers & Cheese \$1.75 Fresh Fruit \$1.25 Fruit Cup \$2.25 Pudding Cup \$2.00 Homemade Cookie \$0.75 Homemade Muffin \$1.50 Homemade Banana Bread \$1.50
	Pizza \$3.35 Grilled Cheese \$3.25 Snack Wrap \$3.75	Pizza \$3.35 Grilled Cheese \$3.50 Snack Wrap \$3.75	Chicken Burger \$4.25 Grilled Cheese \$3.50 Snack Wrap \$3.75	Pizza \$3.35 Grilled Cheese \$3.50 Snack Wrap \$3.75	Hamburger \$4.00 Grilled Cheese \$3.50 Snack Wrap \$3.75	
Week 2 Sept. 21-25 Oct 5-9 Oct 19-23 Nov 2-6 Nov 16-20 Nov 30-Dec 4 Dec 14-18	Meat Lasagna with Tossed Salad	Homemade Pancakes topped with Berries, with or without Ham Slice, Cucumber Slices	2 Soft Taco Filled With Beef, with Tossed Garden Salad Fruit of the Day	Chicken Burger, Baked Wedges or Veggie Sticks & Dip	<u>Lunchables</u> Naan Wedges Pizza Sauce Pepperoni Slices Shredded Cheese Mini Brownie Fruit of the Day	
	Pizza \$3.35 Grilled Cheese \$3.50 Snack Wrap \$3.75	Pizza \$3.35 Grilled Cheese \$3.50 Snack Wrap \$3.75	Chicken Burger \$4.25 Grilled Cheese \$3.50 Snack Wrap \$3.75	Pizza \$3.35 Grilled Cheese \$3.50 Snack Wrap \$3.75	Hamburger \$4.00 Grilled Cheese \$3.50 Snack Wrap \$3.75	

